

# Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 31st October, 2018.

**Present:** Cllr Jim Beall (Chairman), Cllr Lynn Hall, Cllr Mrs Ann McCoy, Fiona Adamson, Nicola Bailey, Dominic Gardner, Martin Gray, Karen Grundy, Steve Rose.

**Officers:** Nigel Hart (SBC)

**Also in attendance:** Cllr Norma Wilburn (Cabinet Member for Arts, Leisure & Culture).

**Apologies:** Cllr Sonia Bailey, Cllr Kevin Faulks, Cllr Di Hewitt, Sarah Bowman-Abouna, Barry Coppinger, Sheila Lister.

## 1 Declarations of Interest

Cllr Ann McCoy declared a personal, non-prejudicial interest in respect of the Health & Wellbeing and Members Update as she served on both the Board of Governors of Tees, Esk and Wear Valley Mental Health Foundation Trust and SDAIS which were both referred to.

## 2 Minutes of the meeting held on 26 September 2018

The Minutes of the Meeting held on 26th September 2018 were confirmed as a correct record.

## 3 Healthy Place

The Board noted that Healthy Places and Sustainable Communities was one of the three key strategic priorities in the draft Joint Health & Wellbeing Strategy. Members were invited to consider proposals to ensure that the appropriate infrastructure was in place to support strategic discussions on this initiative across partners in order to develop and deliver on this aspect of the Strategy.

There was already a significant amount of work underway to create healthy and sustainable places and communities. Officers were therefore keen to improve the coordination and prioritisation of such activity, particularly as there was no single form established to do so with a focus on health and wellbeing.

It was therefore proposed that a Sub Group of the Board be established, to be chaired by the Director of Public Health, with responsibility for developing and overseeing delivery of key pieces of work around Healthy Place.

A draft Terms of Reference for the Group was submitted and its membership would consist of representatives from the following areas:-

- Green Space (SBC)
- Environment (built & natural environment) (SBC)
- Transport (SBC)
- Planning (SBC)
- Sport & Leisure (SBC)
- Housing (SBC/Thirteen)
- Business Development (SBC)

-VCSE (Catalyst)

Members requested that the views of young people attending schools and colleges should also be obtained.

There would also be a need to consider the complimentary work being undertaken by the other two strategic priorities of the draft Joint Health & Wellbeing Strategy, as well as the Air Quality work being undertaken by the separate working group established by this Board.

RESOLVED that:-

1. The existing work being undertaken to develop healthy places be noted.
2. The proposed establishment of a Group chaired by the Director of Public Health, to have responsibility for developing and overseeing delivery of key pieces of work around Healthy Place be approved in accordance with the draft Terms of Reference submitted.
3. Representation on the Group be approved as outlined.
4. Further consideration be given to how this Group would link to the complimentary work being undertaken by the other two strategic priorities of the draft Joint Health & Wellbeing Strategy, as well as the Air Quality work being undertaken by the separate working group established by the Board.

#### **4 LGA Peer review, Physical Activity**

Consideration was given to the findings from the LGA Peer Review carried out in September 2018 into how the local authority and partners promote ease of access to, uptake of and the benefits of physical activity.

The Review was carried out over 3 days and involved councillors, staff and key partner organisations.

The Peers acknowledged the good practice that was in place and the aspiration for strengthening community-based working through, for example, building on Family Hubs. The Peer Review Team also noted the work around physical activity across the Borough which was led and carried out by 'inspiring and motivated people, demonstrating a pride in place and highlighting many examples of good practice to build on'. Other strengths the team noted included the positive relationship with Tees Active along with reported quality of service; good cross-departmental working in the Council and understanding of a whole-system approach; good understanding of the challenges in increasing activity levels in the most deprived populations; and the productive process of the physical inactivity JSNA.

The Peers described some key areas for consideration to improve our approach to physical activity across the borough, as follows:

- The need for a coordinated strategic approach to physical activity including clear measurement of outcomes and engaging partners and communities in the process;
- Ensuring a proportionate universalism approach i.e. provision according to level of need, balancing universal and targeted;
- Taking a 'Health in All Policies' approach – maximising the opportunity to improve physical activity across all key policies across partner organisations, to support improving health and wellbeing and addressing health inequalities;
- Ensuring maximum outcomes for investment in physical activity;
- Considering the potential of an 'active living hubs' approach, alongside the existing Family Hubs.

The overall conclusion from the Peer Review Team was to frame our physical activity aspirations, objectives and delivery through the development of a strategic action plan, which should include recognition and strengthening of our work across the system using a targeted approach:

Urban and Spatial Planning: prioritise pedestrians and/or cyclists over cars to promote active travel; walkable neighbourhoods;  
 Green & Blue Space/ infrastructure: encourage & promote activities (play, leisure, sports) within public spaces, the Tees, parks, walkways, cycle tracks;  
 Communications/ campaigns: promote active living and active travel;  
 Leisure & Sports: accessible, affordable, attractive opportunities for sports and leisure; inspirational sporting events; targeted interventions (i.e. Club 55; Sporting Chance; Sporting STEPs; Sisters-R-Doing-It; Funky Feet);  
 Public Health: social prescribing activities for low level mental health problems; physical activity through family weight management and holiday enrichment programmes; active learning in schools.

It is proposed that a strategic action plan is produced through a working group reporting through the Adults' Health and Wellbeing Partnership to the Health and Wellbeing Board. The plan would flow from the refreshed Joint Health and Wellbeing Strategy, ensuring a systems-approach across the life-course and across partner organisations; as such it would also fit with the Council Plan priorities. The plan would be produced rooted in the relevant JSNA topics and therefore based on key intelligence, evidence and assessment of need. It is proposed the action plan would be produced through a process of engagement and co-production with communities and partners and a way of monitoring key outcomes would be developed alongside this.

As a result, it had been proposed that a strategic action plan be produced through the Adults' Health and Wellbeing Partnership for consideration by this Board. The plan would flow from the refreshed Joint Health and Wellbeing Strategy, ensuring a systems-approach across the life-course and across partner organisations; as such it would also fit with the Council Plan priorities.

The Cabinet Member for Arts, Leisure & Culture complimented the Review for highlighting many of the positive stories of engagement within the community and supported the suggested need for a coordinated strategic approach to physical activity, including clear measurement of outcomes and engaging partners and communities in the process.

Members acknowledged that there was different levels of take up of physical activity within the Borough, which in itself presented a challenge in how best to engage with those that were not physically active. Another example of inequality within the region could be seen in the announcement that Stockton had the 3rd highest mental illness mortality rate in the country, with Middlesbrough the highest, Darlington 5th and Redcar & Cleveland 9th. The Chair advised that he would ask the TV HWB Chairs Forum to look into this issue at its next meeting.

RESOLVED that the report be noted.

## **5 Joint Health and Wellbeing Strategy Update**

The Board considered the first draft of the Joint Health & Wellbeing Strategy 2019-2023 which set out a proposed direction and priorities to focus on that were likely to have the greatest impact.

These priorities had been previously agreed by the Board and were as follows:-

- Children and families have a good start;
- People in Stockton live well for longer;
- Healthy places and sustainable communities.

The draft strategy, which linked to the JSNA, would be further considered by the Board at its Development session in November, and thereafter referred to Cabinet before submission to the Board again in January and final approval by Council.

It was noted that support for families as well as children, would also be included within the Director of Childrens Services CYP Plan currently being developed in consultation with the Director of Public Health, which would also be brought to this Board for consideration. Members suggested that the strategy should make reference to where Plans such as this and others like the Domestic Abuse Strategy and Adults Strategy can be referenced and who had responsibility for their delivery.

RESOLVED that:-

1. The draft Joint Health and Wellbeing Strategy 2019-2023 be noted.
2. The Strategy make reference to each of the supporting plans that underpinned it and identifies responsibility for their delivery.
3. The proposed timescale for consideration and approval of the Strategy be noted.

## **6 Health and Wellbeing Update**

Members considered the following minutes:-

-Adults Health and Wellbeing Partnership - 3rd July 2018

-Domestic Abuse Steering Group - 23rd August 2018

RESOLVED that the minutes be noted.

## **7 Members' Updates**

Members provided the following updates:-

- Recent presentations from the TUC and GP's had been heard to highlight concerns they held regarding employees poor health as a result of their jobs being poorly valued; or employees working too many hours either with one employer, or as a result of having more than one job;
- A report would be submitted to a future Board regarding commitment of the available Winter funding (£800k) following the outcome of further discussions with partners;
- 3 SBC nominees had been put forward for the Annual Social Worker of the Year Awards, including Pete Smith who was a longstanding servant of the Council within Social Care;
- The first meeting of the new Corporate Parenting Board had now been held, at which the health & wellbeing of children in care had been highlighted as an issue for consideration. Discussions were planned to take place with the CCG on the subject;
- The NHS Plan was due to be concluded by the end of November and would be reported to this Board for consideration. Consultation was currently ongoing in Care Homes and it was suggested that it would be advisable to consult with SBC officers and Healthwatch also regarding standards in care homes. Discussions had already taken place with the CCG;
- TEWV had received a rating of 'Good' from their latest CQC Inspection;
- Applications would be made for Primary Care Winter Funding, with additional capacity applied for out of hours service;
- The CCG had applied for additional funding (£25-50k) for Sepsis training which this Board was happy to support;
- Catalyst were to undertake work to better explain the current offer provided by the VCSE. The annual Catalyst Conference was to be held on the 2nd November; and SR had been appointed as Chair of the Teeswide Safeguarding Adult Board;
- The recruitment of nurses was particularly good at present with less than 10 current vacancies, compared to 90 this time last year. Less agency staff were also being employed;
- Future campaigns planned by the NTHFT would focus on substance and alcohol misuse; and pathways for exit from emergency care with a short promotional video entitled 'Home is where the Heart Is' produced to support the campaign. Reference was also made to the increase in the number of assaults on hospital staff. This was particularly the case at weekends and out of hours.

The matter was currently being looked into;

-The annual Stoptober Stop Smoking event was about to conclude. Reference was made to a new campaign launched nationally during the same month by Phillip Morris International (PMI), the maker of Marlborough cigarettes, and featured within our local press, entitled Hold My Light which focused on heated, rather than burning tobacco as a means to quitting smoking. The Chair viewed this as staggering hypocrisy from a tobacco company who had opposed measures to reduce smoking. The Chair had therefore written to the Gazette to highlight this but they had as yet declined to publish his letter. Public Health colleagues were looking into what harmful effects there were from using tobacco in this way.

RESOLVED that the updates be noted.

## **8 Forward Plan**

Members noted the Forward Plan.

RESOLVED that the Forward Plan be noted.